

NATURE TOURISM SERVICES FOR FOREIGN MARKETS

Estonian Nature Tourism association & Visit Estonia
June 2026

Picture by: Katrin Laurson

BICYCLE TOURS IN NORTH AND WEST-ESTONIA

+ West-Estonia and Islands Self guided bicycle tour

Season: May 15 - Sept 15

[Self-guided bicycle tour Western Estonia and Islands
\(visitestonia.com\)](https://visitestonia.com)

+ Lahemaa National Park Bicycle Tour

Season: May 15 - Sept 15

[Cycling tour to Lahemaa National Park \(visitestonia.com\)](https://visitestonia.com)

+ Bicycle rent for trekking and touring

Season: all year round

[City Bike — bicycle rental \(visitestonia.com\)](https://visitestonia.com)

City Bike OÜ

mail@citybike.ee



NATURE TOURS IN NORTH- ESTONIA

+ Sunrise hike and a swim in a bog lake in Northern Kõrvemaa

Season: spring, summer, autumn

[Sunrise hike and a swim in a bog lake | Visit Estonia](#)

+ Canoe trip on River Soodla in Kõrvemaa

Season: spring, summer, autumn

[Canoe trip on River Soodla in Kõrvemaa \(visitestonia.com\)](#)

+ Discovery trip to the winter forest and bogs, with snowshoes or kicksleds

Season: winter

[A discovery trip to the winter forest and bogs, with snowshoes or kicksleds. \(visitestonia.com\)](#)

+ Lantern hike in pristine nature with campfire night

Season: all year round

[Lantern hike in pristine nature with campfire night \(visitestonia.com\)](#)

+ Day tour from Tallinn to Kõrvemaa by train

Season: all year round

[Day tour from Tallinn to Kõrvemaa by train \(visitestonia.com\)](#)

Uuejärve Matkapesa OÜ

matkapesa@visitkorvemaa.com



Picture by: Hans Markus Antson

SAILING NEAR TALLINN

+ Sailing cruise on Tallinn Bay
Season: 05.05-15.10

+ Tasting experience on a sailboat
Season: 05.05-15.10

Windrose Cruising OÜ

Windrose Cruising — Cruising under sails on the
Baltic Sea — enjoy our tour or learn to take off with
your crew

info@windrosecruising.ee



Picture by: Tatjana Metsala

NOMADIC ACTIVITIES AN HOUR DRIVE FROM TALLINN

+ Tipi Village camping and activities in wilderness

Season: all year round

[An ancient night at Preeriakoda \(visitestonia.com\)](http://visitestonia.com)

+ Snowshoe and canoe tours

Season: all year round

[Two day nomadic trek at the bogs of Rapla County | Visit Estonia](#)

Preeriakoda OÜ

indiaanikojad@gmail.com



Picture by: Preeriakoda

ACTIVITIES 1.5 HOURS DRIVE FROM TALLINN

- + Järvesoo and Savalduma swamp snowshoe hike for nature lovers

Season: all seasons with out 23. aprill to 24. june

- + A water-wise trip at the source of pure water

Season: all year round

- + Pure wather theme park

Season: all year round

Pandivere pure water bike tour

Season: spring, summer, autumn

- + Rummu bog trip on snowshoes for nature lovers with a nature guide

Season: all seasons with out 23. aprill to 24. june

- + A hike in the Ubari Nature Reserve with practical climbing on the cliffs

Season: all year round

- + A water-wise trip in the Kostivere karst area, Jägala waterfall and Linnamäe Hydroelectric Plant

Season:all year round

- + Bicycle tours and bicycle tours and bicycle rental in Estonia

Season: spring, summer, autumn

Metsamõisa Loodus OÜ

info@metsamoisa.ee

metsamoisa.ee



Picture by: Rauno Liivand

NATURE TOURS IN SOUTH-ESTONIA

+ Berry and mushroom picking trips in the Peipsiveere Nature Reserve

Season: autumn

[Berry and mushroom picking trips | Visit Estonia](#)

+ Canoe trips on Emajõgi-Suursoo waters

Season: spring, summer, autumn

[Canoe Trips | Nature Tours Estonia](#)

+ Winter snowshoe hike on the winter roads of Emajõe-Suursoo

Season: winter

[Winter snowshoe hike at Emajõe-Suursoo | Visit Estonia](#)

Krissi Kirjatööd OÜ

info@naturetoursestonia.com



Picture by: EAS

Forest Bathing Experience

- + **Immersive forest bathing journeys** designed to slow down and reconnect with nature.
- + **Guided sensory experiences** that cultivate mindfulness, presence, and awareness.
- + Encourages **curiosity, reflection, and personal discovery** through a deep connection with the forest.
- + Creates **meaningful moments** that support lasting well-being and inner calm
- + Participants leave with a **renewed relationship with nature** and memories that stay with them long after the experience.

+ Forest For Rest (Meelega Metsas)

Services - MeelegaMetsas

E-Mail: meelegametsas@gmail.com



NATURE TOURS IN SOUTH-ESTONIA

+ 2-day SUP trip on the waters of Emajõe-Suursoo

Season: summer

[2-day SUP trip on the waters of Emajõe-Suursoo | Visit Estonia](#)

+ Wetland tour and spending the night on a wild island

Season: spring, summer, autumn

[Wetland tour and night on a wild island | Visit Estonia](#)

+ Sleddog Tours and dog sledding in Järvelja forests and Peipsiveere Nature Reserve

Season: all year round

[Sleddog Tours and dog sledding in Järvelja | Visit Estonia](#)

Krissi Kirjatööd OÜ

info@naturetoursestonia.com



Picture by: Heinrich Lukk

HORSE RIDING NEAR SOUTH-ESTONIA

+ Mustamõisa horse-riding hikes

Ilmavald OÜ

info@hobumatkad.ee

Season: all year round

[Mustamõisa horse-riding hikes \(visitestonia.com\)](http://visitestonia.com)

+ Mustamõisa sleight and carriage rides

Ilmavald OÜ

info@hobumatkad.ee

Sleight: winter; carriage: all seasons

[Mustamõisa carriage and sleigh rides \(visitestonia.com\)](http://visitestonia.com)



Picture by: Kerli Erm

BOGSHOE HIKE IN SOUTH-ESTONIA

+ Bogshoe hike in the Rubina Wetlands in Mulgimaa
Loodusturism OÜ

info@loodusturism.ee

Season: spring, autumn, winter

[Bogshoe hike in the Rubina Wetlands in Mulgimaa \(visitestonia.com\)](http://visitestonia.com)



Picture by: Imre Arro

FIFTH SEASON: SOOMAA

+ Bogshoeing in Soomaa National Park

Season: From 24 June to 23 April

Soomaa.com guided bog shoe hike in Soomaa National Park (visitestonia.com)

+ Canoe trips in Soomaa National Park

Season: From April to October

Soomaa.com guided canoe trips (visitestonia.com)

Viis aastaaega OÜ

info@soomaa.com



WILDLIFE OBSERVATION

+ Brown Bear Watching and Photography

Season: 01.05-15.10

[Alutaguse Brown Bear & Wildlife Observation Hide | Visit Estonia](#)

+ Big Predator Tour — Lynx, Bear, and Wolf

Season: october

[Big Predator Tour - Lynx, Bear, and Wolf — NaTourEst](#)

+ Bird Watching Tours

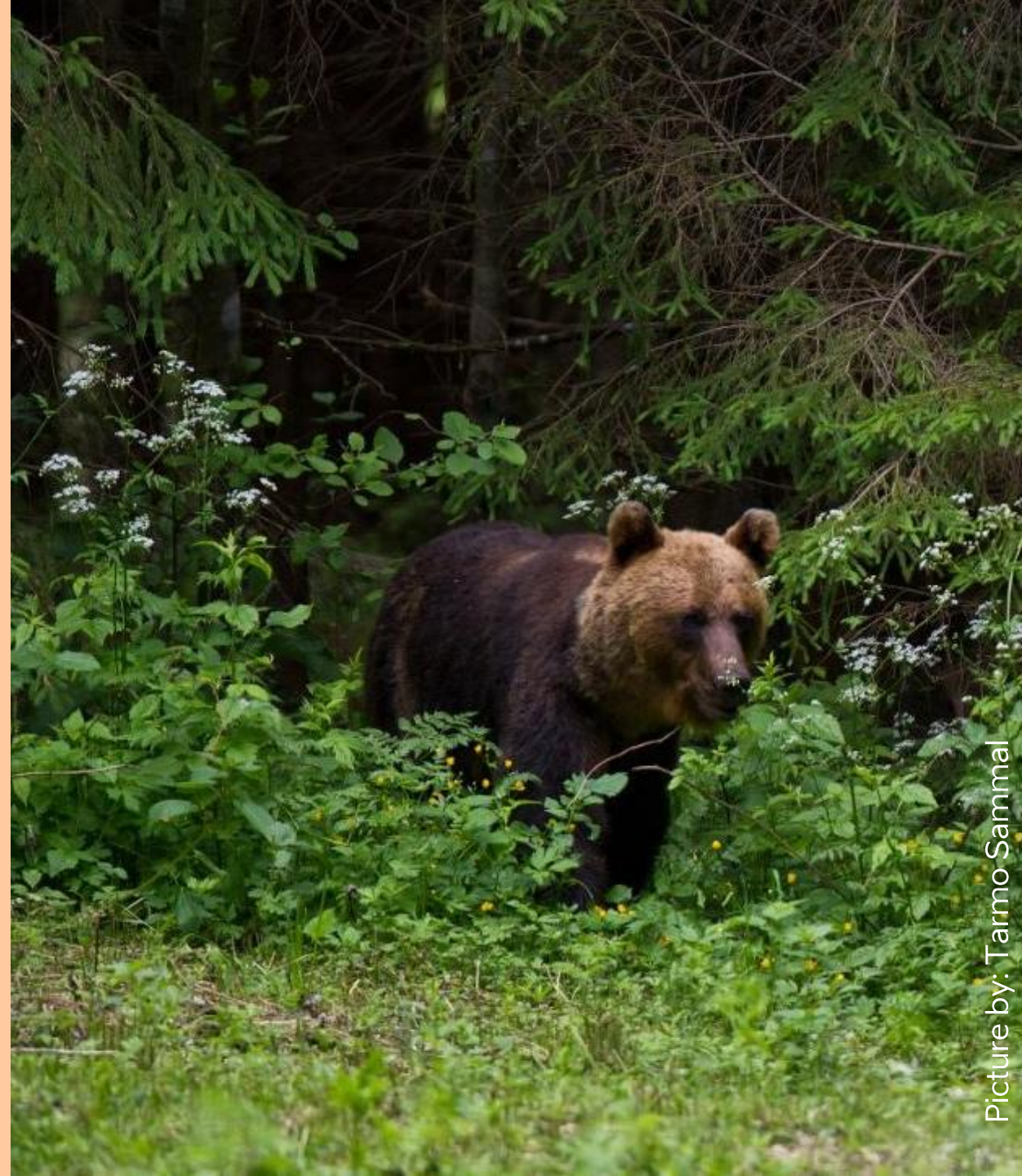
Season: March-June and September-October

[Birdwatching Archives — NaTourEst](#)

Natourest OÜ

All around the country

info@natourest.ee



Picture by: Tarmo Sammal

More information:

Estonian Nature Tourism association



European Union
European Regional
Development Fund



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in your future