

Learn about Estonia- Programmes



Visit Estonia
Updated Aug 2025

Picture by: Renee Altrov



Information technology

e-Estonia Briefing Centre

Inspires with the success story of e-Estonia, guide on the digitalisation paths and builds links to leading IT-service providers.

Services:

- + 90 min e-Estonia general presentation. If you have your own interpreter, an additional +30 minutes will be added to the time.
- + University and master's degree students are preferred, but if there are available slots, it is open to other students as well

Contact:

Address: Öpiku maja, Valukoja 8, 11415 Tallinn

Maris Orav, Communication Manager

maris.orav@eas.ee

<https://e-estonia.com/briefing-centre/about-us/>



Picture by: Atko Januson

The Centre of Registers and Information Systems (RIK)

Establishes an innovative environment providing integrated e-services for a more efficient implementation of state administration, legal and criminal policy. RIK has developed and administers over 80 different systems and various registers important both for the state and the citizens.

Visiting purpose

- + Estonian ID card system & IT systems related to the online ID management, data management

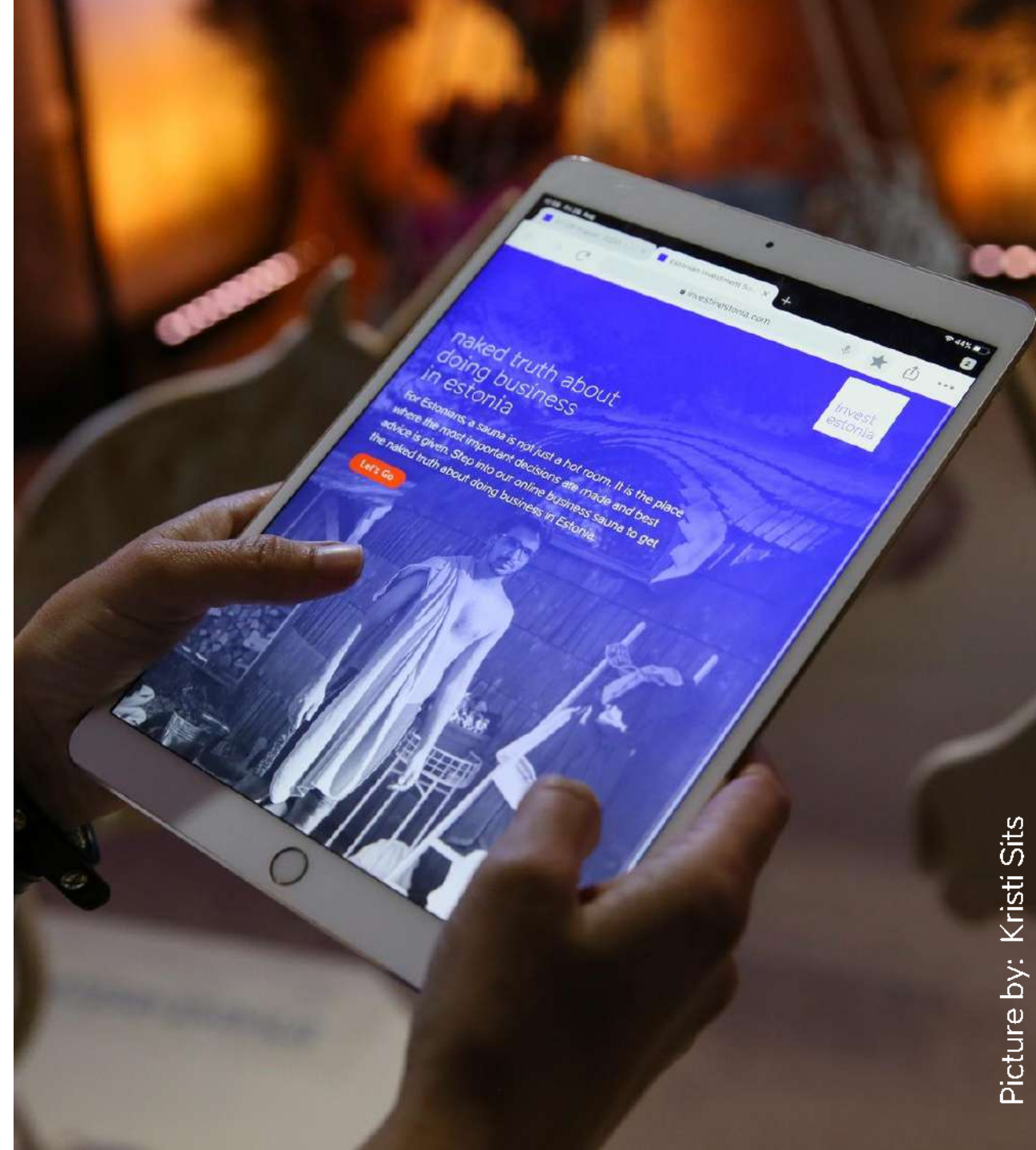
Contact:

Address: Lubja 4, 19081 Tallinn

Heilika Kutsch, Public Relations Manager

heilika.kutsch@rik.ee

Registrite ja Infosüsteemide Keskus (rik.ee)



Cybernetica

25 years of experience in building future-proof technologies that rely on research and development. Their unique expertise ranges from secure data exchange like the X-road to digital identity, i-voting, information security and more. Currently their technologies are used in 35 countries all over the world.

Visiting purpose

+ Technology, IT, innovation, e-solutions, entrepreneurship

Contact:

Address: Mäealuse 2/1, 12618 Tallinn, Estonia

Anna Klimovitšaris, Head of Marketing and PR

anna.klimovits@cyber.ee

<https://cyber.ee/>



Picture by: Annika Haas

Cooperative Cyber Defence Centre Of Excellence

Cyber defence hub, that focuses on research, training and exercises in four core areas: technology, strategy, operations and law

Visiting purpose

- + Defense, cyber defense, technology, military, government etc. The NATO Cooperative Cyber Defense Centre of Excellence is a multinational and interdisciplinary hub of cyber defense expertise. The Tallinn-based international military organization focuses on technology, strategy, operations and law.

Contact:

Address: Filtri tee 12, Tallinn 10132, Estonia

visits@ccdcoe.org

<https://ccdcoe.org/>



Picture by: Renee Altrov

Mooncascade

Digital excellence from design to development.

Mooncascade is the leading Estonian software and product development company founded by four software engineers, including two former Skype engineers. Embedded within the DNA of the company is a software engineering culture that is used to handling a complex set of platforms and architectural nuances.

Visiting purpose

+ Full stack development, data science, innovation management etc.

Contact:

Address: Scala City Tartu mnt 43 Tallinn, 10128 Estonia

Paula Särekanno, Head of Marketing

paula.sarekanno@mooncascade.com

<https://www.mooncascade.com/>





Healthcare

Estonian Health Insurance Fund Central Office

Visiting purpose

Medicine and public health related technical visits.

Introduction to health insurance in Estonia and its purposes to cover the costs of health services provided to insured persons, prevent and cure diseases, finance the purchase of medicinal products and medicinal technical aids, and provide the benefits for temporary incapacity for work and other benefits.

Contact:

Address: Lastekodu 48 in Tallinn

Dan Lõhmus, Head of department, health communication

press@tervisekassa.ee

[Estonian Health Insurance Fund \(tervisekassa.ee\)](http://EstonianHealthInsuranceFund(tervisekassa.ee))



Connected Health

Visiting purpose

Various medicine and healthcare related technical visits.

The cluster brings together 80+ partners, including 43 companies (start-ups, health IT, medtech, biotech, and pharma), R&D partners (universities and technology competence centres), health and wellness service providers (hospitals, GPs, occupational health, spas, fitness and sports), patient organisations and user communities, and public sector (ministries responsible for healthcare and entrepreneurship, national health insurance, and the national health development agency).

Contact:

Address: Mäealuse 2/4, Tallinn 12618, Estonia

healthtech@tehnopol.ee

Connected Health — Estonian health innovation



Picture by: TalTech - Hernandez Sorokina

E-health

Visiting purpose

IT solutions in healthcare.

Estonian eHealth Foundation promotes and develops national e-solutions within the health care system – we create solutions and offer services with the goal to assist in providing high-quality and accessible health care services.

Contact:

Address: Pärnu mnt 132, 11317, Tallinn

Grete Kivi, Communications Specialist

grete.kivi@tehiik.ee

<https://www.tehiik.ee/en>



Picture by: Rasmus Jurkatam

Transformative

Visiting purpose

Medicine, healthcare, start ups, innovation, IT etc.

By using cutting-edge artificial intelligence and novel analysis techniques employed at CERN, the company is transforming the treatment of serious medical conditions. Their mission is to collect and translate clinical data into real-time, predictive assessments that guide the actions of patients and healthcare providers.

Contact:

Address: Loode tn 1a-8, 10137, Tallinn, Estonia

<https://transformative.ai/>



East Tallinn Central Hospital

Visiting purpose

Medicine and healthcare related technical visits.

There are 7 individual clinics at the heart of East Tallinn Central Hospital – Diagnostic Clinic, Clinic of Internal Medicine, Eye Clinic, Women's Clinic, Surgery Clinic, Clinic of Medical Rehabilitation and Long-Term Nursing Clinic. Clinics in turn include centers and departments which are focused on a specialty in a more strict meaning. Medical operation is supported by administration and several services.

Contact:

Address: Ravi street 18, 10138 Tallinn

Inge Suder, Head of Department, Communications and Marketing

inge.suder@itk.ee

<https://www.itk.ee/en>



Viimsi Hospital Fertilitas

Visiting purpose

Medicine and healthcare related technical visits.

Fertilitas is a private hospital primarily specialized in gynecology, rehabilitation, orthopedics and ear, nose and throat diseases.

Contact:

Address: Kaluri tee 5a, Viimsi, Harjumaa

fertilitas@fertilitas.ee

<https://www.fertilitas.ee/>



Red Cross

Visiting purpose

Emergency medicine, healthcare, volunteering and training related technical visits.

Activities of Estonian Red Cross include first aid, work with vulnerable groups, health prevention, disaster preparation units, International Humanitarian Law, tracing services for restoring family links in Estonia.

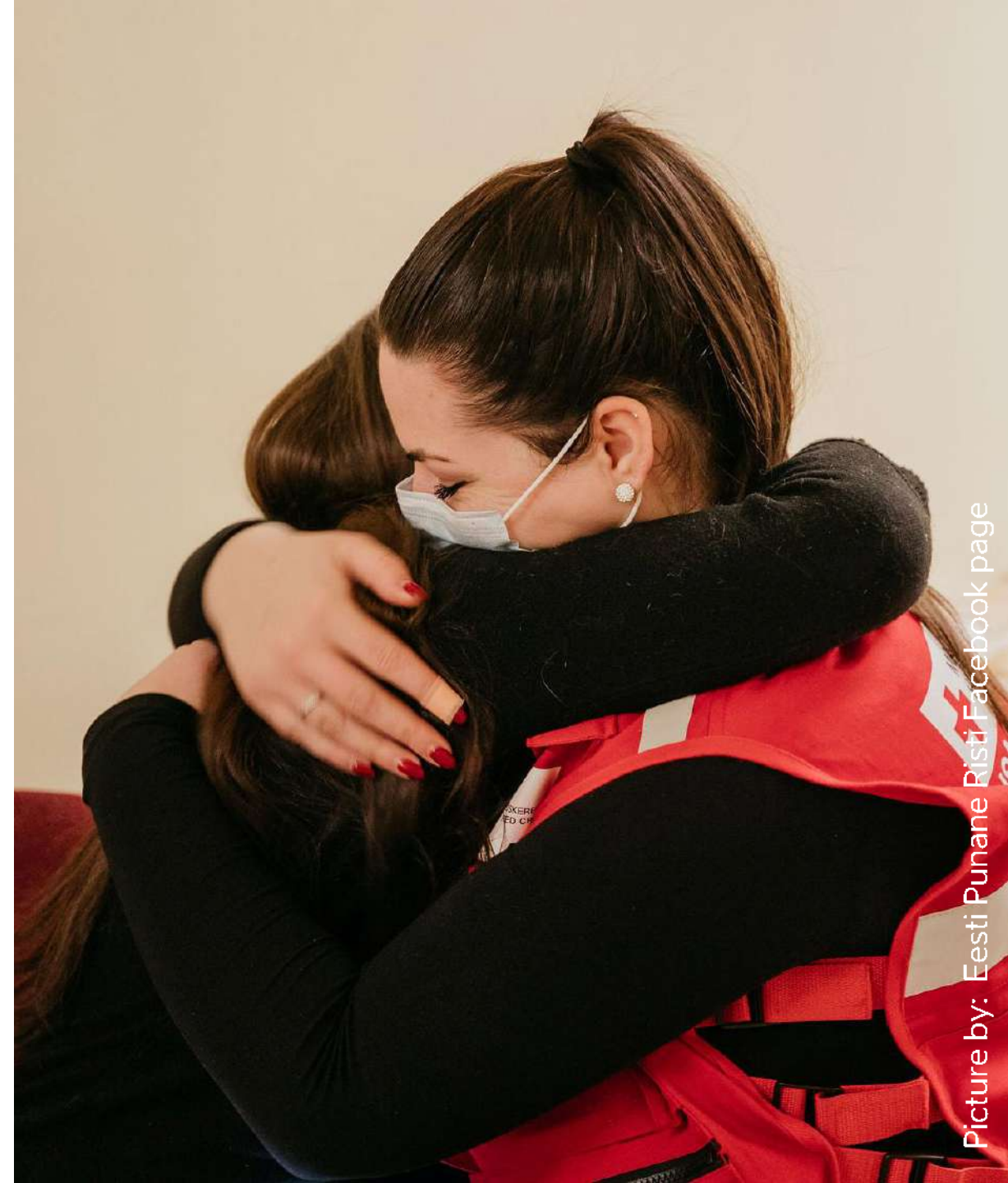
Contact:

Address: Eha 8, Tallinn

Liis Ehrminger, Communication and Marketing Manager

liis.ehrminger@redcross.ee

<https://redcross.ee/>



Self Help And Advisory Center For Senior Citizens

Visiting purpose

Senior wellness, mental and physical healthcare, community centers, volunteering, lifelong learning etc related technical visits.

Contact:

Address: J. Poska 15, 10126 Tallinn

venu@venu.ee

<https://venu.ee/en>



Estonian Association Of Business And Professional Women

Visiting purpose

Social sciences, business, feminist issues etc.

BPW's aim is to develop the professional, business and leadership potential of women through mentoring, networking, skill building, advocacy as well as empowering projects on regional, national and international level.

Contact:

Address: Ristiku tänav 10, 10611 Tallinn

info@bpw-estonia.ee

<https://bpw-estonia.ee/in-english/>



Klareva- Sustainably feed the future

Visiting purpose

Food security, feed science, agricultural production, innovation

Klareva is developing the automation technologies to raise Black Soldier Fly (*Hermetia illucens*) for animal feed in a modular and scalable manner.

Contact:

info@klareva.com

<https://klareva.com/>





Start-up

Startup Estonia

Visiting purpose

Startup Estonia is a governmental initiative aimed to supercharge the Estonian startup ecosystem in order to be the birthplace of many more startup success stories to come. For that, they are working on making Estonia one of the world's best places for startups, partnering with and uniting the best of startups, incubators, accelerators, private and public sector.

Contact:

Address: Sepise 7, 11415 Tallinn

Ettie Mikita, Marketing & Communication Lead

ettie.mikita@startupestonia.ee

<https://startupestonia.ee/>



Science Park Tehnopol

Visiting purpose

Entrepreneurship, start ups, innovation, IT etc.

Science Park Tehnopol is a research and business campus with a mission of helping startups and SMEs to grow more quickly. As the largest science park in the Baltics, they provide your enterprise with both modern office spaces and top-notch counselling in developing your business and entering export markets.

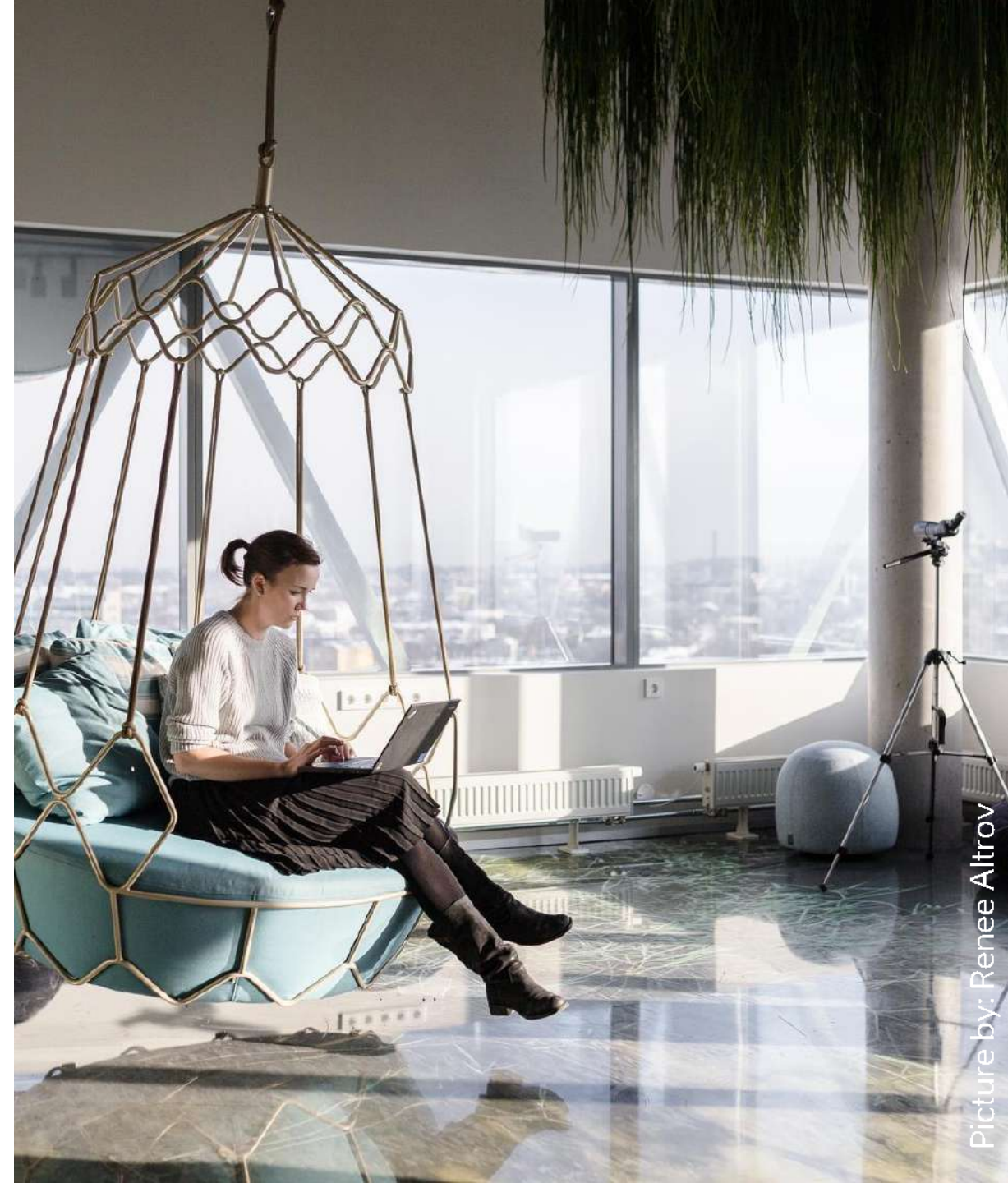
Contact:

Address: Mäealuse 2/4, Tallinn 12618 Estonia

Kristi Jõeäär, Marketing and Communication Manager

kristi.joeaar@tehnopol.ee

<https://www.tehnopol.ee/en/>



Picture by: Renee Altrov

Innovation and Business Centre Mektory

Visiting purpose

IT, technology, start ups.

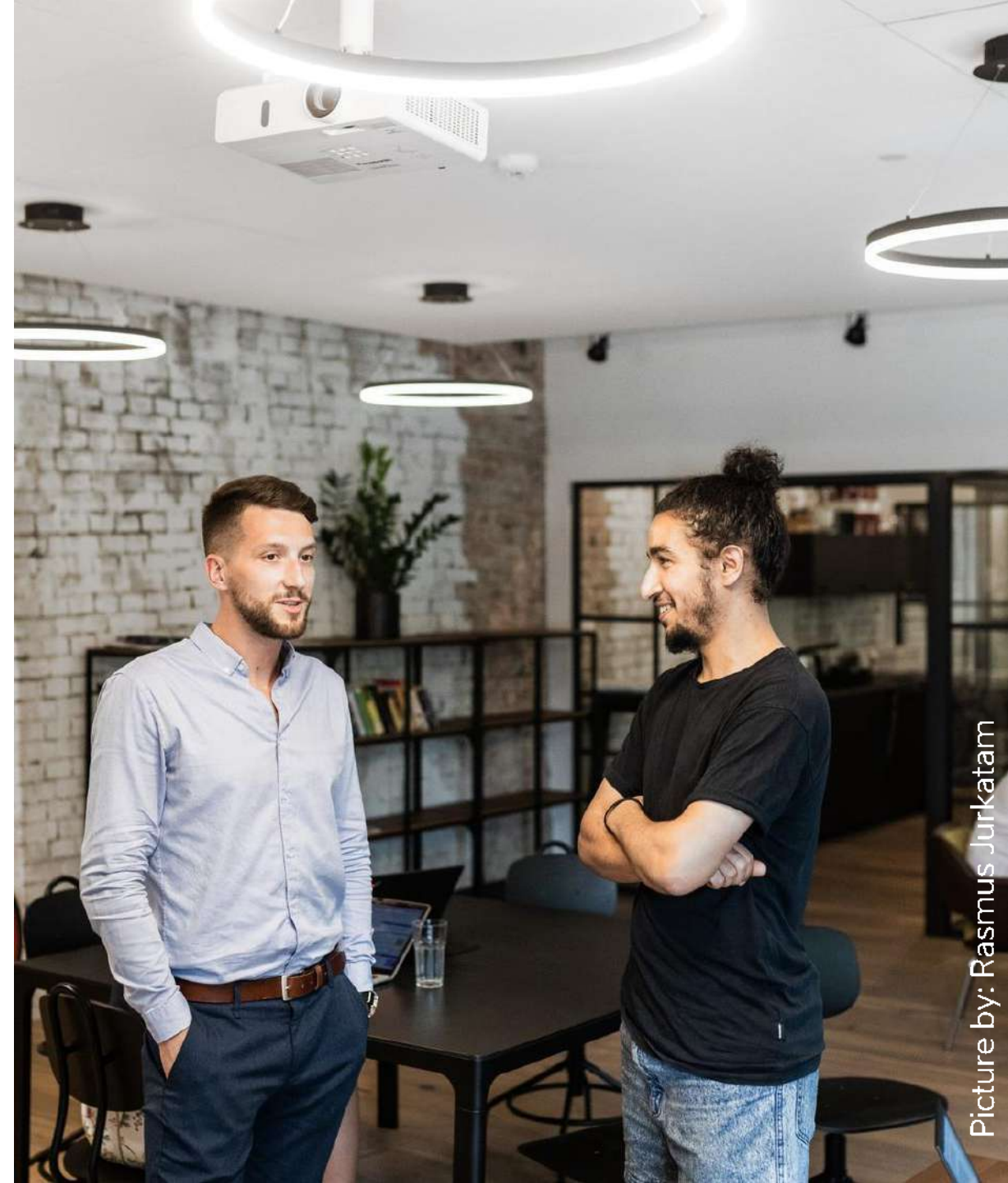
- + See TalTech demo exhibition where you can learn about TalTech flagship innovation projects and see prototypes of self-driving car, satellite etc.
- + Hear about startup programmes and about TalTech cooperation with companies.
- + Walk through students' coworking space, see the most modern conference hall that has 270 degrees screen and different meeting rooms and labs that are designed by partners.

Contact:

Address: Ehitajate tee 5, 19086 Tallinn, Estonia

visitmektory@taltech.ee

<https://taltech.ee/en/mektory/house-tours>



Picture by: Rasmus Jurkatam

Starship

Visiting purpose

Robotics, technology, IT, innovation, entrepreneurship etc.

Starship Technologies, launched in 2014 by Skype co-founders, is using autonomous delivery robots to revolutionise local delivery. Delivering items such as groceries, food takeaways and packages, Starship now operates in over 60 locations across the world.

Contact:

Address: Teaduspargi 8, 12618 Tallinn

business@starship.xyz

<https://www.starship.xyz/>



Planetway

Visiting purpose

Business, data management etc.

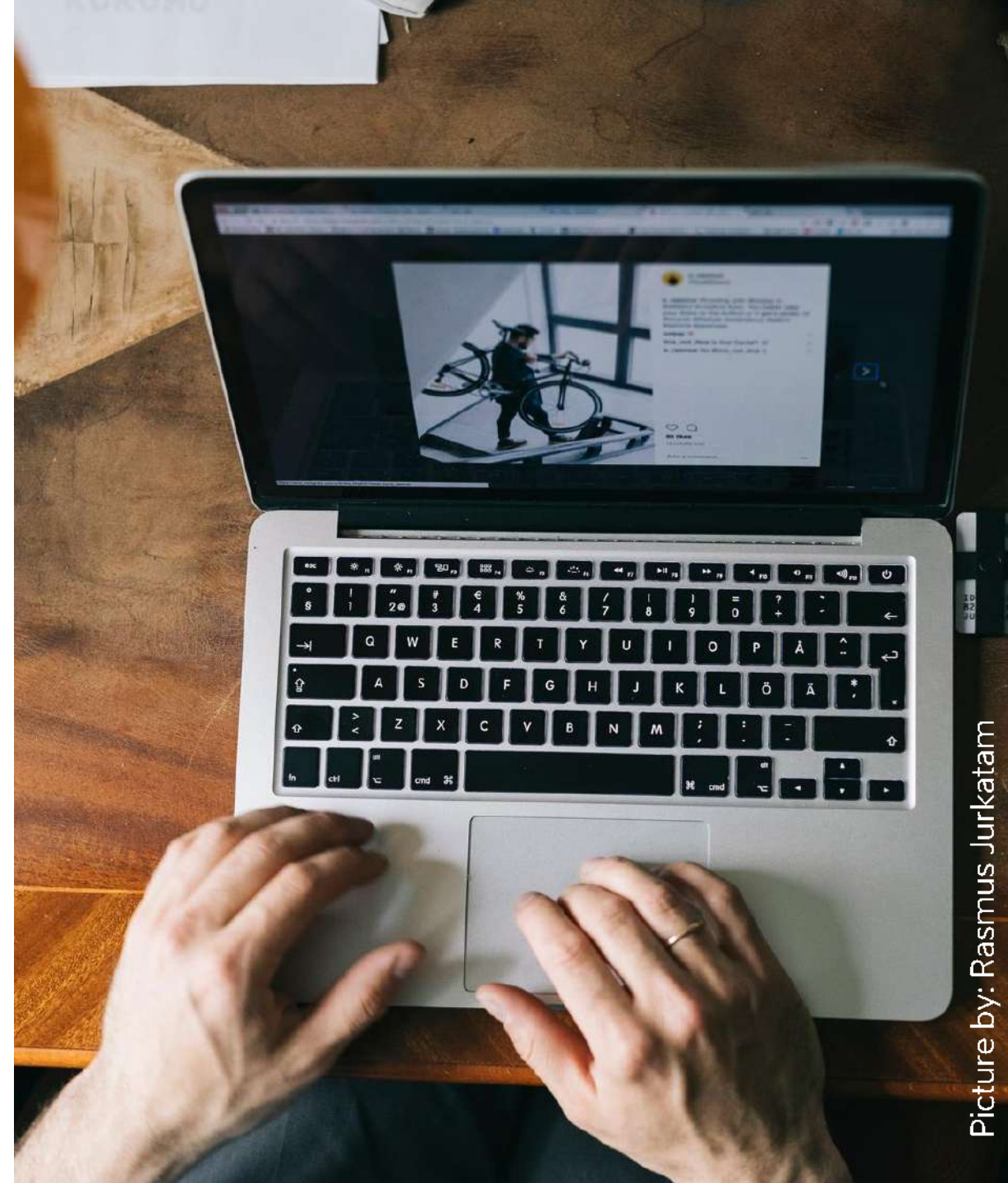
Planetway's vision is to realize independent, data-driven social innovation. They aim to usher in a new era of human-centered data sovereignty where data is utilized in a manner favorable to the individual and society by giving individuals personal control of when and how their data is used by third parties. Building on this, in the near future, Planetway strives to realize a society that goes beyond traditional capitalism.

Contact:

Address: Valukoja 8, Öpiku 2, Tallinn, 11415 Estonia

info.eu@planetway.com

<https://planetway.com/en/>





Education

Education Estonia

Visiting purpose

Education, solutions for schools, educational games, summer courses, mentoring programs, study visits.

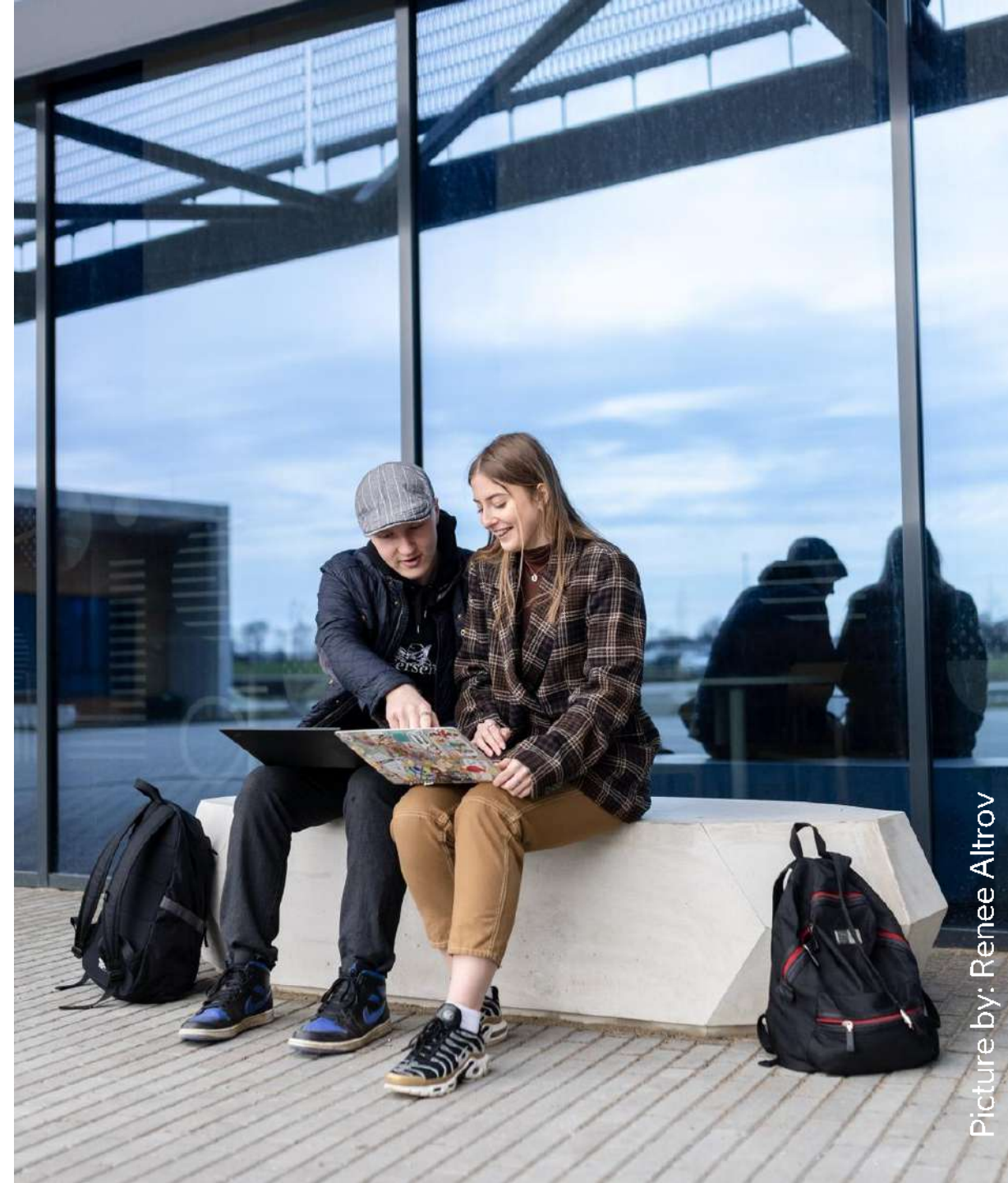
Education Estonia is an initiative for international education cooperation by the Government of Estonia. They introduce different aspects of Estonian education to the delegations of policymakers, educational organisations, entrepreneurs, and journalists.

Contact:

Address: Tammsaare tee 47, 11316 Tallinn

education.estonia@harno.ee

Services & products - Education Estonia



Picture by: Renee Altrov

Eduspace

EDUSPACE is a research laboratory for learning and teaching supported by technology. EDUSPACE's keywords are educational innovation and cooperation between Tallinn University, educational institutions and companies.

Services:

- + Business collaboration
- + Digitally transforming teachers
- + Co-creation
- + Augmented reality games

Contact:

Address: Uus-Sadama 5, Tallinn University, Tallinn, Estonia

Elisa-Brit Pöld, Partnership and Communication Coordinator

elisa-brit.pold@tlu.ee

<https://eduspace.tlu.ee/en/price-list/>



Taltech

Visiting purpose

Higher education, especially IT and technology field

Taltech is a university for engineering, business, public administration and maritime affairs.

For international cooperation, they take small groups with specific interest. For bookings, please provide detailed itinerary and ideas for visit.

Contact:

Address: Ehitajate tee 5, 12616 Tallinn

Anna-Maria Nizovtseva

International Cooperation Coordinator

anna-maria.nizovtseva@taltech.ee

[Visit TalTech](#)



University of Tartu

Visiting purpose

Higher education, study trips

The leading university in Estonia since 1632. University's research-based education is designed to prepare students to be the global leader of tomorrow.

You can choose from a wide variety of international degree programs, exchange opportunities, Estonian language courses, MOOCs, International Summer University and other short-term courses.

Contact:

Address: Ehitajate tee 5, 12616 Tallinn

Eveli Soo, Head of International Marketing

Eveli.Soo@ut.ee

[Home | Tartu Ülikool \(ut.ee\)](https://www.ut.ee)



Tallinn University

Tallinn University is a modern and dynamic research university in Estonia with a leading role in promoting an intelligent lifestyle through education, research, and a unique collaboration across disciplines.

Services: Summer and winter course „Innovate and Educate“. Innovation and collaboration give power to education, they build premises for its successful present & future and impact the schools, families, communities.

Contact:

Address: Narva mnt 25, 10120 Tallinn

Anna Kuznetsova

International Summer and Winter School Project Manager

annakuzn@tlu.ee

[Tallinn University \(tlu.ee\)](https://www.tlu.ee)



Picture by: Jevegeni Salikhov

Tallinn University Haapsalu College (Mud Treatments Lab)

Visiting purpose

Wellness & SPA, healthcare, applied chemistry, higher education etc.

Haapsalu College is a regional college and campus of Tallinn University, that specializes in research for health promotion and rehabilitation as well as ties the region to the rest of Estonia and the wider world in many other unique research fields.

Contact:

Address: Lihula mnt 12, Haapsalu

Anneli Kasesalu, Study Counsellor and Specialist

anneli.kasesalu@tlu.ee

[Haapsalu College | Tallinn University \(tlu.ee\)](https://www.tlu.ee)



Kood/Jõhvi

Visiting purpose

Start-up, education, IT

Kood/Jõhvi is a modern and international coding school in Estonia, created for adults of any age searching for self-development or retraining opportunities. The school operates on a cloud-based learning platform, where each student moves at their own pace, solving the tasks set by the system, linking theory to practice.

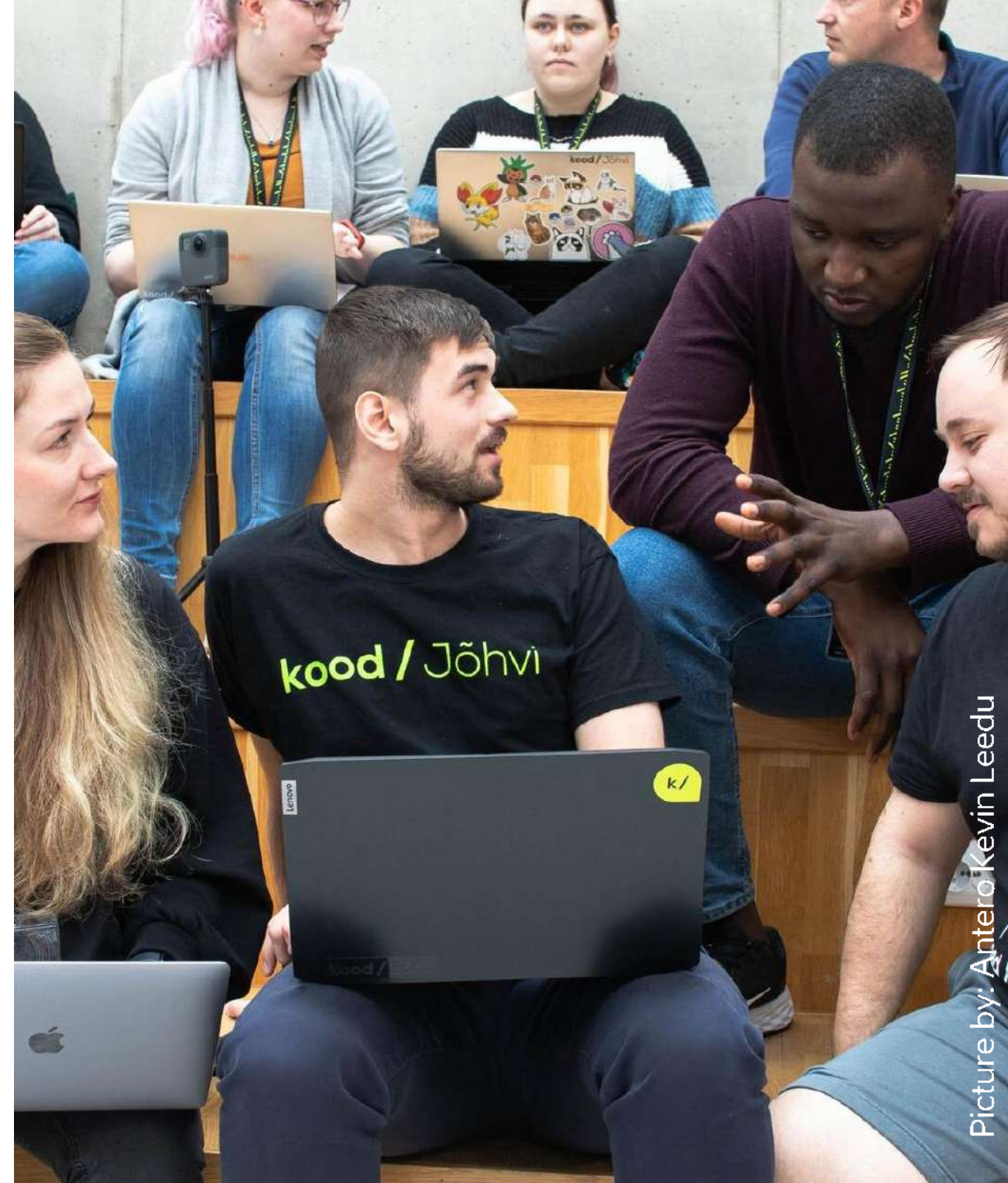
Contact:

Address: Tartu põik 5, Jõhvi

Antero Kevin Leedu, Marketing and Communications Manager

antero@kood.tech

<https://kood.tech/>



Estonian Academy of Arts

Visiting purpose

Higher education in fine arts, design, architecture, media, visual studies, art history, and conservation.

EKA is striving to be among the leading international centres of innovation in the field of visual culture. Currently there are more than 1,100 students enrolled in the Academy, with many participating in exchange programmes at international partner universities. In addition to active study and research activities, the Estonian Academy of Arts also offers continuing education opportunities through the Open Academy.

Contact:

Address: Põhja puiestee 7, Tallinn

koostoo@artun.ee

[International Relations — Estonian Academy of Arts \(artun.ee\)](https://artun.ee)



Tallinn Kristiine Gymnasium

Visiting purpose

Education, specialized education, IT and technology in education
etc

School has programs for robotics and programming

Contact:

Address: Nõmme tee 32, Tallinn

kristiine@kristiine.edu.ee

<https://kristiine.edu.ee/eng/page/nutilabor>



Tallinn 21st Gymnasium

Visiting purpose

Education, specialized education, IT and technology in education etc

Being one of the biggest schools in Tallinn, as well as in Estonia, it has been consistently ranked among the top ten secondary schools in Estonia.

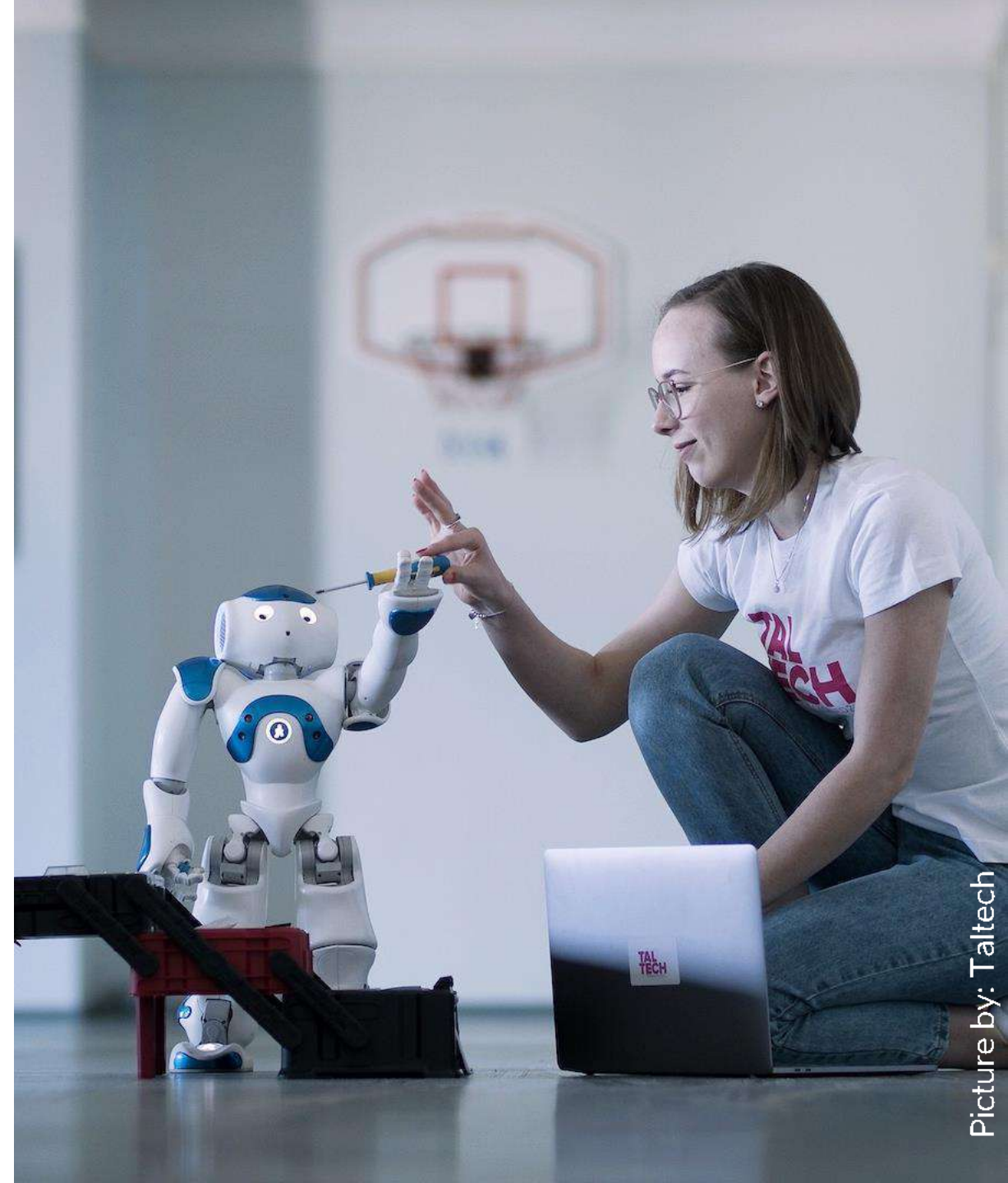
Specialised classes in Entrepreneurship and Robotics follow the new curriculum that has innovative subjects such as Robotics and entrepreneurship well integrated with Maths and Natural Science.

Contact:

Address: Raua 6, 10124 Tallinn

info@21k.ee

General Information — Tallinna 21. Kool (21k.ee)



Ekool

Visiting purpose

IT, development.

Ekool is a school management tool bringing together pupils and their families, schools and supervisory bodies. Ekool supports better learning for the pupil, parents are better aware of their children's progress and the authorities have a good overview of what goes on in schools under their management.

Contact:

Tanel Keres

ekool@ekool.eu

ekool - Empowering Education with Innovative Solutions



Picture by: Rasmus Jurkatam

Language Inspectorate

Visiting purpose

Integration, social and immigration issues, education

Main purpose of the inspectorate is to ensure everyone's right in Estonia to receive private and public services in Estonian language.

Contact:

Address: Roosikrantsi 6, 10119 Tallinn

info@keelearnet.ee

[Avaleht | Keelearnet](#)





Government / Local Municipality

Ministry Of Defence

Visiting purpose

International relations, defense, law & order, military etc

Contact:

Address: Sakala 1, Tallinn

Tiia Falk, press & media inquires

Tiia.Falk@kaitseministeerium.ee

[Home](#) | [Kaitseministeerium](#)



Picture by: Renee Altrov

Ministry of Economic Affairs and Communications

Visiting purpose

Business, government, entrepreneurship, transport etc.

The main strategic objectives of the Ministry involve governance that encourages entrepreneurship and innovation, an efficient and safe transport system, constantly developing information society and environmentally friendly energy supply at a justified price.

Contact:

Address: Suur-Ameerika 1, Tallinn

Riina Soobik, Media relations advisor

riina.soobik@mkm.ee

[Contacts | Majandus- ja Kommunikatsiooniministeerium \(mkm.ee\)](#)



Picture by: Renee Altrov

Tallinn City Office Service Bureau

Visiting purpose

Education, service center for citizens.

Introduction to all services provided by the city council and their availability to target groups.

Contact:

Address: Vabaduse väljak 7, Tallinn

Margit Tamm, Communication Manager

margit.tamm@tallinnlv.ee

Peaveeb | Tallinn



Picture by: Renee Altrov

The Association of Estonian Islands

Visiting purpose

The Association of Estonian Islands (AEI) founded in 1992, is a voluntary non-profit organization of representatives of the residents of islands. AEI addresses the topical problems of the islands, presents them to the nation and the government, and participates in their solving.

Contact:

Address: Tallinna 19, 93811 Kuressaare

info@saared.ee

In English - Eesti Saarte Kogu (saared.ee)



Picture by: Karl Markus Antson



Transportation

Tallink Silja Line

Visiting purpose

Tourism, conveyance of passengers (marine), corporation management.

Tallink Silja is the leading provider of high-quality mini-cruise and passenger transport services in the northern Baltic Sea region, as well as the leading provider of ro-ro cargo services on selected routes. Fleet of 14 vessels allows them to offer a wide range of services and frequent departures.

Visiting conditions, requirements:

Technical visits to the fleet available as well as to the head quarters

Contact:

Address: Sadama tn 5, Tallinn

Marina Jõgi, Marketing Manager

marina.jogi@tallink.ee

[Tallink Silja Line](#)



TS Laevad

Visiting purpose

TS Laevad is an Estonian ferry company which operates two routes between the Estonian mainland and the islands of Hiiumaa and Muhu in the Baltic Sea. Muhu is connected by a causeway to Estonia's largest island, Saaremaa.

Contact:

Address: Sadama 25/2, Tallinn

Indrek Randveer, CEO

indrek.randveer@tslaevad.ee

Praamid.ee



Tallinna Linnatransport (TLT)

Visiting purpose

The largest public transport fleet, the best technical competence, and the largest workshops, they established the largest gas filling stations in the Baltics, and they are the largest trainer of bus drivers and the only trainer of tram and trolleybus drivers.

Contact:

Address: Kadaka tee 62a, Tallinn

Merilyn Räbbin, Marketing and Communications Manager

merilyn.rabbin@tlt.ee

<https://www.tlt.ee/en/>





Accounting

Estonian Accounting Centre

Visiting purpose

Accounting and finance, IT, tax system

Estonian Accounting centre offers small businesses an innovative solution, a unique economy product in accounting services — easy and affordable accounting that meets all requirements.

Contact:

klienditugi@raamatupidamiskeskus.ee

EAC — accounting service and accounting software



Picture by: Rasmus Jurkatam

Leinonen

Visiting purpose

Accounting and other services for foreign businesses

Leinonen is serving an increasing number of international companies in Estonia, offering the cumulative knowledge of well trained and experienced specialists for solutions for all kinds of financial matters.

Contact:

Address: Põhja puiestee 25, Tallinn

contact@leinonen.ee

[About Us](#) | [Leinonen Estonia](#) | [Leinonen](#)



Wise

Visiting purpose

Finance, management, start ups, entrepreneurship etc

Estonian developed money transfer service Wise was launched in 2011 with the vision of making international money transfers cheap, fair, and simple. Today, their multi-currency account helps millions of people and businesses manage their money across the world.

Contact:

Address: Veerenni 24, Tallinn

press@wise.com

Wise



Architecture & Design



Hammel, Green & Abrahamson Architecture Bureau

Visiting purpose

Architecture, urban planning, construction etc.

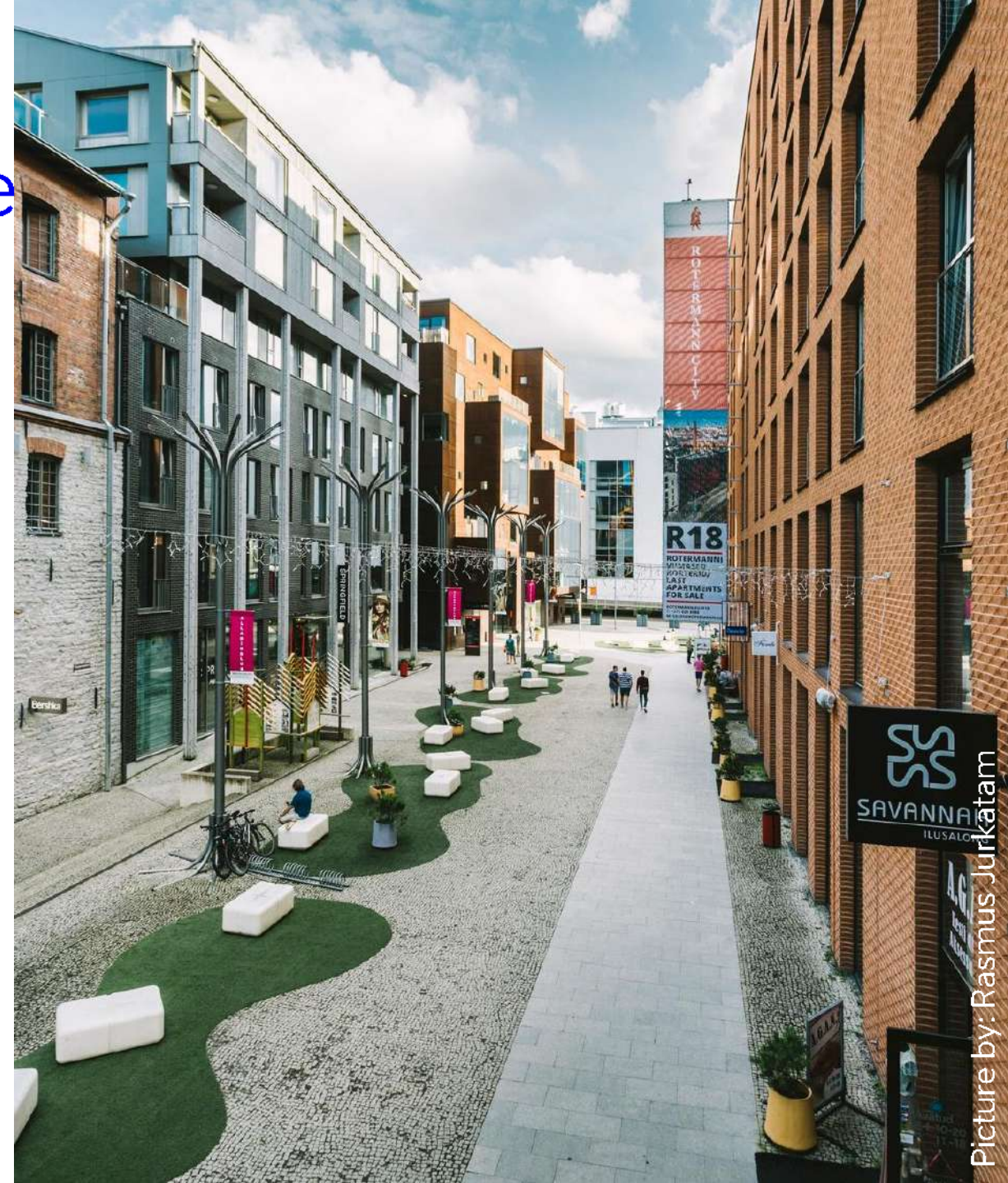
HGA office functions as a creative design team exploring architectural interactions in practical, contextual, and materialistic manner through collaborative relationships with clients, builders, engineers, designers, as well as users in large context. The range of projects diversifies from temporary installations to urban plannings, which have been noted locally as well as internationally through exhibitions and publications.

Contact:

Address: Narva mnt 7d, Tallinn

info@hga.ee

Hayashi — Grossschmidt Arhitektuur (hga.ee)



Identity Ltd.

Visiting purpose

Product development, design, consulting . Identity is a concept design company focusing on strategic design.

Identity combines strategic-holistic approach, own methodology, wide combination of design disciplines & tools with outstanding creative output, making strategic vision tangible.

Contact:

Address: Laeva 2, Tallinn

Ants Lusti, CEO

Ants.lusti@identity.ee

[About our creative agency — Identity](#)



Futurist Estonia OÜ

Visiting purpose

Product development, design, information technology and services

Futurist Estonia helps your business to grow by designing the best customer, employee and user experiences. Main services include: UX Design, service design, employee experience

Contact:

Address: Paadi tee 3, Viimsi, Harju county

hello@futurist.ee

[Futurist: disainisprint, strateegiasprint ja teenusedisain](#)



Reet Aus- slow, sustainable and ethical fashion

Visiting purpose

Sustainability, local design, workshop

Reet Aus, PhD, is a sustainable fashion designer and ardent visionary who devised industrial upcycling principles that reduce the fashion industry's impact on environment by circulating fabrics leftover from mass production back into production using the design.

Contact:

Address: Telliskivi tänav 60a/5, Tallinn

Reet Aus, CEO

hello@reetaus.com

[Reet Aus - sustainable design collection](#)



Picture by: Kristi Heil

Stella Soomlais

Visiting purpose

Local design, workshops, sustainability

Stella Soomlais is a leather designer from the younger Estonian generation. She makes leather bags and accessories with a minimalist aesthetic. It is possible to buy and order them from the studio.

Stella uses the best vegetable-tanned leather which ages elegantly and over time, the features characteristic to the material become even more visible.

Contact:

Address: Telliskivi tänav 60A/1, Tallinn

design@stellasoomlais.com

[Stella Soomlais studio \(visitestonia.com\)](http://stellasoomlais.studio)



Picture by: Stella Soomlais webpage

Lilli Jahilo design

Visiting purpose

Sustainability, local design

The Lilli Jahilo brand represents a lifelong commitment to infusing the world with beauty and harmony. Centered on empowering the modern woman, the brand's signature focus lies in meticulously crafted dresses. Drawing from her training at Chanel, Oslo National Academy of the Arts and the Estonian Academy of Arts, Lilli upholds exacting standards of quality on every step of the way, from design to fabric selection, employing the best in-house tailors.

Contact:

Address: Valgevase 13, Tallinn

shop@lillijahilo.com

[Visit Us — Lilli Jahilo](#)



Picture by: Lilli Jahilo webpage

Music



Estonia Piano Factory

Visiting purpose

Small piano factory in Tallinn, owner is also pianist

Estonia Piano Factory (Estonian: Estonia Klaverivabrik) was founded in 1950 by Ernst Hiis in Tallinn, Estonia. The majority of Estonia pianos are now sold in the United States.

Contact:

Address: Kungla 41, Tallinn

info@estoniapiano.ee

Estonia Pianos



Picture by: Mait Jürjado

Arvo Pärt Center

Visiting purpose

The Centre offers a variety of opportunities to listen to the composer's music and gain a deeper understanding and interpretation of his work. The Chamber Hall at the Centre is particularly suitable for chamber music concerts. The hall with its stunning forest view and 150 seats is available for conferences and film screenings, too. There is library also.

Contact:

Address: Kellasalu tee 3, Laulasmaa

Nele Kivisild, Communications Manager

nele@arvopart.ee

[Arvo Pärt Centre — Arvo Pärt Centre \(arvopart.ee\)](http://Arvo Pärt Centre — Arvo Pärt Centre (arvopart.ee))





Culture

Seto culture

Visiting purpose

Local heritage and culture

For centuries, Seto culture has been an oral culture, where core values have been passed on by singing. Setos are known first and foremost for their distinct singing tradition -- Seto leelo folk songs.

Contact:

Address: Setomaa, South-Estonia

Helen Külvik, Seto tours

helen.kylvik@gmail.com

[Visit Setomaa](#)



Picture by: Heiko Kruusi

Mooska smoke sauna

Visiting purpose

Mooska farm is a typical lifestyle farm in Southern Estonia. The powerful location at the foot of Vällamäe is amidst the beautiful nature and connects harmonically the farm life with the nature and the heritage of our ancestors. Veeroja family is proud to share their life with their guests and introduce local heritage, the pride of which is our traditional local food and the smoke sauna. The Smoke sauna tradition is inscribed to the UNESCO Representative List of the Intangible Cultural Heritage of Humanity.

Contact:

Address: Mooska, Haanja, South-Estonia

Eda Veeroja, owner

eda@mooska.eu

IN ENGLISH Archives - Mooska Smoke Sauna farm



Old Believers & onion routes

Visiting purpose

Local heritage and culture

Today there are about 15,000 Old Believers and 11 registered parishes in Estonia. More tradition than belief unites them these days. If you travel along the road connecting Mustvee to Varnja, you can observe some of these unique, centuries-old traditions.

Contact:

Address: Tartu county

Eveli Jürgenson, Visit Peipsimaa Manager

eveli@visitpeipsi.com

Culture of Peipsimaa - Visitpeipsi



Kihnu culture

Visiting purpose

Local heritage and culture

The seventh-largest island in Estonia, Kihnu is an ancient island of seafarers and fishermen. The cultural heritage of Kihnu — the clothing, language music, and handcrafts are all on the UNESCO Intangible Cultural Heritage List.

Contact:

Address: Pärnu County

Liina Palu, Tourism Manager

info@visitkihnu.ee

[Visit Kihnu - Estonian island](#)



Coastal Swedes on the west coast of Estonia

Visiting purpose

Local heritage and culture

Coastal Swedes have lived on the coast and islands of Northwest Estonia for more than 1,000 years.

The main settlements of Coastal Swedes were Ruhnu and Vormsi Island, Pakri islands and the Noarootsi Peninsula, Riguldi and Osmussaar. Swedish village names and red houses are characteristic of the whole region.

Contact:

Location: West-Estonia

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